



BELGIAN REFERENCE LAB FOR EVIDENCE-BASED

Food supplements • Cosmetic • Medical device

Compendium
2022





JOINTS

3

Flexofytol®
Flexofytol® PLUS
Flexofytol® FORTE
Flexicream®



CARDIO

7



Cholesfytol® NG
Cholesfytol®
Cholesfytol® PLUS
Tensiofytol®



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Antimetil®
Antimetil® gom
Digestil®
Enterofytol®



IMMUNITY

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Plantil®
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Thymospray®
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SKINCARE

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Calmiderm®





JOINTS



Box of :
60 soft capsules
180 soft capsules

Flexofytol®



Bioactive curcumin soft capsules
for **JOINTS, MUSCLES AND TENDONS**

COMPOSITION

- Bioactive extract of turmeric standardised to 42 mg of curcumin.

Ingredients per soft capsule : Emulsifier (polysorbate 80) • capsule shell (bovine gelatin) • humectant (glycerol) • bioactive extract of *Curcuma longa* standardised to 42 mg of curcumin • acidifying agent (citric acid) • water • colours (carmines, iron oxides).

USE

- Flexofytol®, contains bioactive extract of turmeric, that contributes to maintain joints, muscles and tendons flexibility and suppleness and to limit the ageing of the cartilage
- Can be used for a long period without gastric or cardiovascular complications

DIRECTION FOR USE



JOINTS & MUSCLES

start :

From 6 to 11 years	2	in the morning during 1 month
Adults and children from 12 years	2	in the morning and in the evening during 1 month

maintenance :

From 6 to 11 years	1	in the morning
Adults and children from 12 years	2	in the morning

TENDONS

From 6 to 11 years	2	in the morning during 1 week
Adults and children from 12 years	4	in the morning and in the evening during 1 week





JOINTS



Box of :
56 film-coated tablets
182 film-coated tablets

Flexofytol[®] PLUS



Based on a extract of turmeric, Boswellia serrata and vitamin D, for the flexibility of joints, muscles and tendons



COMPOSITION

- **Dry extract of bioactive turmeric standardized to 72 mg curcumin.** Bioactive extract of turmeric is obtained by a formulation process that makes curcumin **2.100 X more absorbable** than turmeric powder.
- **Extract of Boswellia serrata 120 mg** standardized to 65% of boswellic acids
- **Vitamin D 1,8 µg**

Ingredients per tablet: Bulking agents: microcrystalline cellulose, dicalcium phosphate • Sweetener: mannitol • Bulking agents: basic methacrylate copolymer, magnesium oxide • **Boswellia oleoresin (*Boswellia serrata*) 120 mg standardized to 65% boswellic acids** • Starch • **Standardized dry extract of turmeric rhizome (*Curcuma longa*) 89 mg with 72 mg curcumin** • Anticaking agents: silicon dioxide, magnesium salts of fatty acids, talc • Glazing agents: hydroxypropyl methyl cellulose, polydextrose, calcium carbonate • Medium chain triglycerides • Cholecalciferol (vitamin D) 1,8 µg (for 4 tablets = 7,2 µg, or 144% NRV*) - Colours : iron oxides yellow, riboflavin, carmines.

*NRV = Nutrient Reference values

USE

- Turmeric helps to maintain the health of joints and tendons
- Boswellia helps to maintain joints flexibility and suppleness
- Vitamin D helps to maintain the normal functioning of the muscles
- Can be used for long periods without gastric complications

DIRECTION FOR USE



START DURING MINIMUM 1 MONTH

From 6 to 11 years	2	in the morning
Adults and children from 12 years	2	in the morning and in the evening

MAINTENANCE

From 6 to 11 years	1	in the morning
Adults and children from 12 years	2	in the morning

To be taken DURING the meals to improve the assimilation of Boswellia





JOINTS



Box of :
28 capsules
84 capsules



Flexofytol® FORTE cleverly combines the benefits of **CURCUMA**, **BOSWELLIA SERRATA** and **VITAMIN D** thanks to a unique technology designed to keep joints in great shape throughout the year !



Flexofytol® FORTE

COMPOSITION

- **Extract of bioactive turmeric** standardized to 200 mg bioactive curcumin
- **Extract of *Boswellia serrata*** standardized to 51 mg bioactive boswellic acids
- **Vitamin D 3,6 µg**

Ingredients per tablet : Bulking agents : bovine gelatine hydrolysate, microcrystalline cellulose ▪ **Standardized dry extract of *Curcuma rhizome* (*Curcuma longa*) 237 mg including 200 mg curcumin** ▪ Stabiliser : glycerol ▪ ***Boswellia oleoresin* (*Boswellia serrata*) 51 mg standardized to 65% boswellic acids** ▪ Bulking agent : starch ▪ Carrier : cross-linked sodium carboxymethylcellulose ▪ **Cholecalciferol (Vitamin D) 3.6 µg** (for 2 tablets = 7.2 µg or 144% NRV*) ▪ Coating agents : polyvinyl alcohol-polyethylene glycol-graft-co-polymer, calcium carbonate, mono- and diglycerides of fatty acids, polyvinyl alcohol ▪ Anticaking agents : magnesium salts of fatty acids, talc, silicon dioxide ▪ Colouring : caramel (E150d).

*NRV = Nutrient Reference values

USE

- **Flexofytol® FORTE, thanks to the synergy between three active ingredients, turmeric, *Boswellia serrata* and vitamin D, helps to :**
 - maintain the flexibility and suppleness of joints, muscles and tendons
 - preserve cartilage

DIRECTION FOR USE



JOINTS, MUSCLES & TENDONS

start :

Adults 1  in the morning and in the evening

maintenance :

Adults 1  in the morning

Swallow with water. Flexofytol® FORTE does not need to be taken with food.

For the best results, it is recommended to keep taking Flexofytol® FORTE over time.





Medical device

JOINTS

Available in 100 ml



Flexicream®

COMPOSITION

- Natural hyperthermal water
- Vanillyl butyl ether

Ingredients in tube : Aqua* • Ethylhexyl Palmitate • Dicaprylyl Ether • Cetearyl Alcohol • Glyceryl Stearate • Cetearyl Glucoside • Phytosterols (and) Caprylic/Capric Triglyceride • Tocopherol • Sodium Polyacrylate • Phenoxyethanol • Ethylhexyl glycerin • **Vanillyl Butyl Ether.**

*Hyperthermal Salsobromiodic Water.

USE

- To relieve joint and muscle pain
- Natural analgesic cream
- Warming effect on the skin
- Use in case of cramps, spasms and muscle contractions, tendon inflammation, sports injuries

DIRECTION FOR USE



JOINT AND MUSCLES

Adults and children from 6 years

Apply a thin layer **2 to 3** times per day on the specific part, then perform a massage until a complete absorption. A feeling of warmth can be felt immediately.

Wash hands after use.

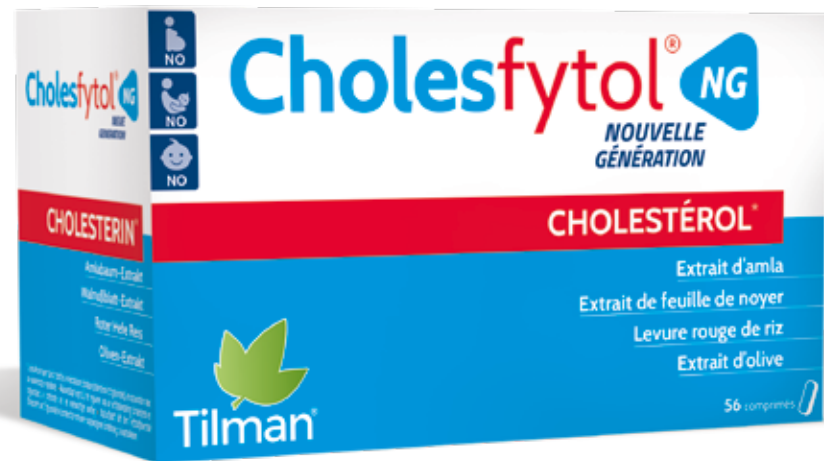
Flexicream is a natural analgesic cream, odourless, non-sticky and that penetrates easily to relieve joint and muscle pain



CARDIO

NEW

Box of :
28 film-coated tablets
84 film-coated tablets



Tablets based on **Amla extract, red yeast rice of 2nd generation** (hydroxy-acid form - Monacolin K 2.90 mg), **Olive extract** (10 mg hydroxytyrosol) and **Walnut leaf extract**

Cholesfytol[®] NG

NEW GENERATION

COMPOSITION

per 2 tablets/day

- **Amla extract 1000 mg, red yeast rice 67,20 mg** (hydroxy-acid form - Monacolin K 2.90 mg), **Olive extract 50 mg** (10 mg hydroxytyrosol) and **Walnut leaf extract 100 mg**

Ingredients per tablet : **Amla dry extract (*Phyllanthus emblica*) 500 mg** • Bulking agent : microcrystalline cellulose, magnesium oxide • **Walnut leaf dry extract (*Juglans regia*) 50 mg** • Starch • Anticaking agent : silicon dioxide, magnesium salts of fatty acids, talc • **Red yeast rice powder (*Monascus purpureus*) 33.6 mg** (equivalent to 1.45 mg of monacoline K) • **Olive fruit dry extract (*Olea europaea*) 25 mg** (equivalent to 5 mg hydroxytyrosol) • Glazing agents : hydroxypropyl methyl cellulose, calcium carbonate, polydextrose • Anticaking agents : talc, magnesium salts of fatty acids • Maltodextrin • Medium chain triglycerides • Colour : copper complexes of chlorophyllins.

USE

- **Walnut leaf extract helps to control cholesterol level**

DIRECTION FOR USE



Adults from 18 years of age

2 1x/day

Both pills are to be taken in the evening before bedtime.

Cholesfytol[®] NG can be used all year round without interruption.

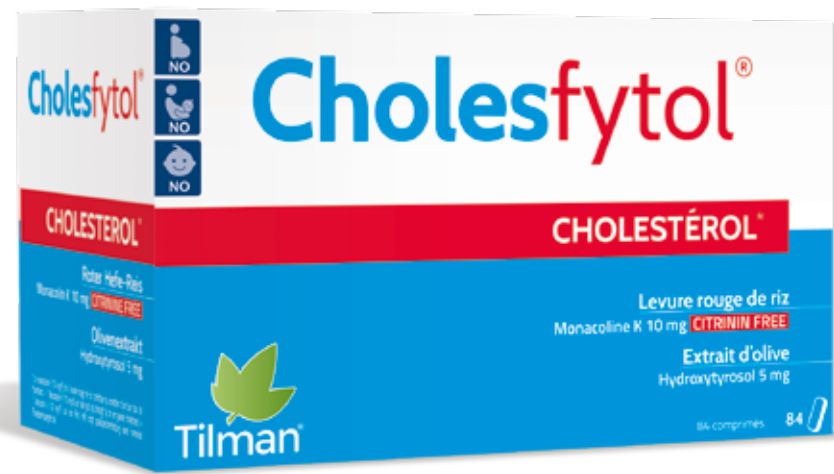




Restera disponible pour les pays hors UE dès 2022

CARDIO

Box of :
28 film-coated tablets
84 film-coated tablets



Tablets based on red yeast rice of 2nd generation (min. 80% hydroxy-acid form monacolin K) and olive dry extract (5 mg hydroxytyrosol) to help control cholesterol levels

Cholesfytol®

COMPOSITION

- 240 mg of red yeast rice powder extract standardised to 10 mg of monacolin K and 25 mg dry extract of olive, standardised to 5 mg hydroxytyrosol
- Citrinin free

Ingredients per tablet : Bulking agent : microcrystalline cellulose • **Red rice yeast powder (*Monascus purpureus*) 240 mg** (equivalent to 10 mg of monacolin K) • Bulking agent : magnesium oxide • Starch • **Olive fruit dry extract (*Olea europaea*) 25 mg** (equivalent to 5 mg hydroxytyrosol) • Anticaking agents : silicon dioxide, talc, magnesium salts of fatty acids • Glazing agents: polyvinyl alcohol, polyethylene glycol, polysorbate 80 • Colours : carmines, iron oxide.

USE

- The monacoline K (10 mg/d) from red yeast rice contributes to maintain a healthy cholesterol
- Olive contributes to the maintenance of a normal blood pressure

DIRECTION FOR USE

Adults from 18 years of age

1 

in the evening, before bedtime.

Cholesfytol® can be used without interruption.





Restera disponible pour les pays hors UE dès 2022

CARDIO

Box of 84 film-coated tablets



Tablets based on
red yeast rice of 2nd generation
(min. 80% hydroxy-acid form monacolin K)
and two times more olive dry extract
(10 mg hydroxytyrosol)
to help control cholesterol levels



Cholesfytol[®] PLUS

COMPOSITION

- **240 mg of red yeast rice powder** standardised to 10 mg of monacolin K and **50 mg dry extract of olive**, standardised to 10 mg hydroxytyrosol
- **Citrinin free**

Ingredients per tablet : Bulking agent : microcrystalline cellulose • **Red yeast rice powder (*Monascus purpureus*) 240 mg** (equivalent to 10 mg of monacolin K) • **Olive fruit dry extract (*Olea europaea*) 50 mg** (equivalent to 10 mg hydroxytyrosol) • Bulking agents : magnesium oxide • Starch • Anticaking agents : silicon dioxide, talc, magnesium salts of fatty acids • Glazing agents: polyvinyl alcohol, polyethylene glycol, polysorbate 80 • Colours: carmines, iron oxide.

USE

- The monacolin K (10 mg/d) from red yeast rice contributes to maintain a healthy cholesterol
- Olive contributes to the maintenance of a normal blood pressure

DIRECTION FOR USE

Adults from
18 years of age

1 



in the evening,
before bedtime.

Cholesfytol[®] PLUS can be used without interruption.

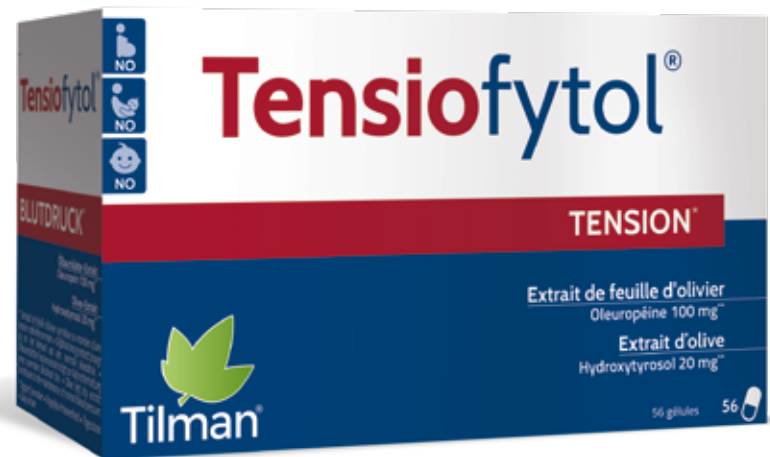




CARDIO

Box of :
56 hard capsules
168 hard capsules

Tensiofytol[®]



Olive leaf and olive fruit dry extracts,
for a naturally modulated blood pressure

COMPOSITION

- 167 mg olive leaf dry extract, standardized to 50 mg of oleuropein and 53 mg olive dry extract, standardized to 10 mg of hydroxytyrosol

Ingredients per capsule: Olive leaf dry extract (*Olea europaea*) 167 mg • Capsule shell : gelatine • Olive fruit dry extract (*Olea europaea*) 53 mg • Bulking agents : microcrystalline cellulose, tricalcium phosphate • Anticaking agents : silicon dioxide, talc, magnesium salts of fatty acids • Colours : iron oxides.

USE

- Dry olive leaf extract contributes to the maintenance of a normal blood pressure

DIRECTION FOR USE



Adults from
18 years of age

2

day

The first immediately after waking up in the morning and the second in the evening, with a big glass of water.



DIGESTION



Box of :
30 film-coated tablets
36 film-coated tablets



Antimetil® contains ginger that contributes to preserve your digestive well-being

Antimetil®

COMPOSITION

- **50 mg ginger dry extract** standardised to 10% of gingerols, equivalent to 500mg of ginger powder.








Ingredients per tablet : Bulking agent : microcrystalline cellulose • **Standardised dry extract of ginger** (Zingiber officinale) 50 mg** • Glazing agents : hydroxypropyl methyl cellulose, calcium carbonate, polydextrose • Anticaking agents : silicon dioxide, talc, magnesium salts of fatty acids • Maltodextrin • Medium chain triglycerides • Colour : copper complexes of chlorophyllins.

**10% gingerols : 50 mg of standardised extract equivalent to 500 mg of ginger powder

USE

- **Helps pregnant women to recover their digestive well-being during pregnancy**
- **Ideal for the following situations as well :**
 - overeating
 - unusual diets (for example, on vacation)
 - when travelling
- **Excellent safety profile**

DIRECTION FOR USE

		  
Children from 3 to 5 years	1 	1 to 2 x / day with or without food
Children from 6 to 11 years	1 	1 to 4 x / day with or without food
Adults and children from 12 years	2 	1 to 4 x / day with or without food
Pregnant women (max. 2 tablets/day)	1 	in the morning and at midday. (maximum 2 tablets)

Take the tablets with a glass of water.
When travelling or on the move, take the tablets 30 minutes before departure.





DIGESTION



Box of 24 gums



Antimetil® gom contains ginger that contributes to preserve your digestive well-being

Antimetil® gom

COMPOSITION

- **25 mg ginger dry extract** standardised to 10% of gingerols, equivalent to 250mg of ginger powder.

Ingredients per gum : Sweeteners : maltitol syrup, sorbitol syrup • Bulking agent : gum arabic • Bovine gelatin • Stabiliser : beta-cyclodextrin • **Standardised dry extract of ginger** (Zingiber officinale) 25 mg** • Natural flavours : lemon, mint, orange, eucalyptus • Antioxidant : ascorbic acid • Sweeteners : steviol glycosides, sucralose • Coconut oil.

**10% gingerols : 25 mg of standardised extract equivalent to 250 mg of ginger powder

May contain traces of egg, shelled fruit or wheat.

USE

- **Helps pregnant women to recover their digestive well-being during pregnancy**
- **Ideal for the following situations as well :**
 - overeating
 - unusual diets (for example, on vacation)
 - when travelling
- **Excellent safety profile**

DIRECTION FOR USE



Children from 4 to 11 years	1	1 to 3x/day
Adults and children from 12 years	2	1 to 3x/day
Pregnant women	2	2x/day morning and midday

When travelling, take the gums 30 min before the departure.

- **Sugar-free gum with a delicious lemon taste**





DIGESTION



Box of 24 gums



Digestive chewable tablets based on ginger, lemon balm (melissa) and camomile

Digestil®

COMPOSITION

- Dry extract of ginger 20 mg, melissa 10 mg, and camomile 10 mg

Ingredients per lozenge : sweetener : sorbitol • stabiliser : beta-cyclodextrin • natural flavour : lemon • bulking agent : microcrystalline cellulose • anticaking agents : silicon dioxide, magnesium salts of fatty acids • acidifying agent : ascorbic acid • **ginger dry extract (*Zingiber officinale*) 20 mg** • **lemon balm dry extract (*Melissa officinalis*) 10 mg** • **german chamomile dry extract (*Matricaria recutita*) 10 mg** • natural flavours : bitter orange peel, cardamom, cinnamon • sweeteners : steviol glycosides, sucralose.

USE

- Ginger and Balm contribute to the normal functioning of the digestive system
- The camomile calms the sensations of bloatings

DIRECTION FOR USE

Children from 6 years	up to 4	/day after meals
Adults and children from 12 years	1 to 6	/day after meals
Pregnant women	1 to 4	/day after meals (maximum 3 consecutive days)

- Sugar-free (with stevia) - Menthol-free





DIGESTION



Box of :
60 soft capsules
180 soft capsules

Enterofytol®



Capsules based on bioactive curcumin and fennel essential oil for intestinal discomfort, abdominal tensions, bloating and flatulence

COMPOSITION

- Bioactif extract of turmeric standardized to 42 mg of curcumin and 25 mg fennel essential oil

Ingredients per capsule: Emulsifier : polysorbate 80 • Bovine gelatin (capsule shell) • Humectant : Glycerol • **Standardised dry extract of turmeric rhizome (*Curcuma longa*) 46,7 mg with 42 mg curcumin** • Essential oil of fennel (*Foeniculum vulgare*) 25 mg • Water • Acidity regulator : citric acid • Colours : iron oxides and hydroxides.

USE

- Intestinal discomfort characterized by frequent sensations, bloating, excess of gas and abdominal tensions
- Association of turmeric and fennel essential oil soothes intestinal discomfort

DIRECTION FOR USE



Adults and children from 12 years

2 

2 x /day, before meals, during one month. Then, 2 caps 1 time a day.

Enterofytol® should not be taken by children under the age of 12. • Do not use for a long period without medical advice.





IMMUNITY

45 capsules



Nasafytol®



Protection of the body against viruses and bacteria necessarily relies upon the **IMMUNE SYSTEM**, the body's defence system



COMPOSITION

- Bioactive quercetin 65 mg
- Bioactive extract of curcuma

Ingredients per capsule: Emulsifier : polysorbate 80 - bovine gelatin (capsule shell) - humectant : glycerol - **bioactive quercetin 65 mg** - **bioactive extract of curcuma (*Curcuma longa*) standardized to 42 mg of curcumin - cholecalciferol (vitamin D3 2,25 µg - for 4 capsules per day : vitamin D3 9 µg, or 180% NRV*)** - acidity regulator : citric acid - water - colours : copper complexes of chlorophyll, iron oxides and hydroxides.
*NRV = Nutrient Reference Values.

USE

- Maintains the body's **NATURAL DEFENCES***
- The support of the immunity ensures better protection of the body :
 - against **viruses** and **bacteria**
 - against attacks on the **upper respiratory tract**

DIRECTION FOR USE



PREVENTION

Adults from 18 years	2	2 x /day.
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To be taken with a large glass of water, preferably before the meal



* Le curcuma et la vitamine D contribuent au bon fonctionnement du système immunitaire.





BREASTFEEDING

Box of 56 hard capsules



Organic capsules based on fennel and anise seed for breastfeeding mothers

Lactil®

COMPOSITION

- **Dry extracts of fennel and green anise seed** 125 mg / 150 mg
- **ORGANIC formulation**
- **Capsules of plant origin**

Ingredients per capsule : **dry anise extract* (4:1) (Pimpinella anisum) 150 mg** - **Dry fennel extract* (6-8:1) (Foeniculum vulgare) 125 mg** - Glazing agent : hydroxypropyl methyl cellulose (capsule shell) - Rice powder* - Anticaking agents : talc, silicon dioxide.

*Product of organic farming. Checked by Certisys BE-BIO-01.

USE

- Fennel and aniseed assist with serene breastfeeding and regulate baby's digestion

DIRECTION FOR USE

Breast-feeding women

2

capsules a day, one in the morning and one in the evening with a big glass of water

Can be used in combination with the herbal tea **Biolys® Fenouil-Anis**.



BIOLYS

Fennel · Anise

Breast-feeding
Helps the production of milk

COMPOSITION

Ingredients per teabags : **green aniseed seeds* 36%** · **fennel fresh fruit* 35%** · fenugreek seeds* 10% · liquorice root* 15% · natural lemon flavouring 4%.

DIRECTION FOR USE

Breast-feeding women

1 to 2

per day

Contains liquorice. People suffering from hypertension should avoid excessive consumption





WINTER



Bottle of 150 ml



Plantil® oral solution contains plantain and liquorice.

Plantil®

COMPOSITION

- **Fluid extracts of plantain 11,25 g, liquorice 7,50 g and zinc bisglycinate 200 mg**

Ingredients per 100 ml : Sweetener : maltitol syrup • Stabiliser : glycerol • Water • **Fluid extract of plantain (*Plantago lanceolata*) 7,5 g** • **Fluid extract of liquorice (*Glycyrrhiza glabra*) 5,0 g** • **Zinc bisglycinate (zinc 25 mg - for 40 ml : zinc 10 mg, or 100% NRV*)** • Acidity regulator : citric acid • Preservatives : sodium benzoate, potassium sorbate • Sweetener : steviol glycosides. Alc. 2.5% vol.

*NRV = Nutrient Reference Values.

USE

- Plantain and liquorice soothe the respiratory tract, to restore optimal respiratory comfort
- Zinc is an excellent antioxidant, which support the body's natural defences.

DIRECTION FOR USE



Children from 3 to 6 years	5 ml 	4 x / day
Children from 7 to 11 years	7,5 ml 	4 x / day
Adults and children from 12 years of age	10 ml 	4 x / day

- **Sugar-free (with stevia)**
- **Pleasant taste with no added flavouring**





WINTER



Bottle of 150 ml



Syrup for the throat, based on thyme

Thymosirop®

COMPOSITION

■ Thyme fluid extract

Ingredients per 100 ml : Sugar • purified water • **Thyme fluid extract 15g** (*Thymus Vulgaris L*) • Stabiliser: glycerol • ethanol (alc. 9.7% vol).

USE

- Soothes and clears the throat
- Useful in case of short-lived hoarseness

DIRECTION FOR USE

Children from 3 years	5 ml 	 FAMILY 4x / day
Children from 7 years	10 ml 	4x / day
Adults and children over 12 years	15 ml 	4x / day



WINTER



Box of 24 lozenges

Thymotabs®



Lozenges with thyme for sore throat




COMPOSITION

- **30 mg dry thyme extract**
- **Thymotabs Nature** **natural taste of thyme**
Ingredients per lozenge : Sweetener: sorbitol ▪ natural flavouring : lemon ▪ bulking agent : microcrystalline cellulose ▪ **thyme dry extract (*Thymus vulgaris*) 30 mg** ▪ anticaking agent : silicon dioxide ▪ **vitamin C 20 mg** (for 6 lozenges : 120 mg, or 150% NRV*) ▪ natural flavouring : cinnamon ▪ anticaking agent : magnesium salts of fatty acids ▪ natural flavourings : vanilla, eucalyptus ▪ sweeteners : steviol glycosides, sucralose.
- **Thymotabs Orange** **natural taste of orange**
Ingredients per lozenge : Sweeteners : sorbitol, xylitol ▪ natural flavourings : lemon, orange ▪ bulking agent : microcrystalline cellulose ▪ **vitamin C 30 mg** (for 6 lozenges : 180 mg, or 225% NRV*) ▪ **thyme dry extract (*Thymus vulgaris*) 30 mg** ▪ anticaking agents : silicon dioxide, talc, magnesium salts of fatty acids ▪ natural flavouring : cinnamon ▪ acidifying agent : citric acid ▪ natural flavouring : eucalyptus ▪ sweeteners : steviol glycosides, sucralose.
**NRV = Nutrient Reference Values.*

USE

- Soothes irritated throat or hoarseness

DIRECTION FOR USE

Children from 4 to 11 years	max 4	  	FAMILY	per day
Adults and children from 12 years of age	1 to 6			per day
pregnant women	max 4			per day

- Sugar-free (with stevia)
- Menthol-free



WINTER



Available in 24 ml



Spray with thyme for sore throat

Thymospray®

COMPOSITION

- 15 % of thyme liquid extract

Ingredients per 100 ml : Water - stabiliser : glycerol - **thyme fluid extract (*Thymus vulgaris*) 15 g** (14 mg/spray) - ethanol (alc. 8% vol) - sweetener : steviol glycosides.

USE

- Thyme soothes the throat
- Useful in case of short-lived hoarseness

DIRECTION FOR USE

Children from 3 to 6 years	1			4 to 8 x / day
Children from 7 to 11 years	2			4 to 8 x / day
Adults and children from 12 years of age	3			4 to 8 x / day

- Sugar-free
- Menthol-free



WINTER

Box of 24 gums

NEW
09/2022



Thymogom®



Lozenges gums based on Thyme dry extract

COMPOSITION




- Thymogom throat gums contain a high concentration of Thyme (75 mg of dry extract per gum).

Ingredients per gum : Sweeteners : maltitol syrup, sorbitol syrup ▪ Bulking agent : gum arabic ▪ Gelatin ▪ **Thyme dry extract (*Thymus vulgaris*) 75 mg** ▪ Natural flavours : cherry, plum ▪ Acidifying agent : citric acid ▪ Coconut oil ▪ Sweeteners : sucralose, steviol glycosides.

USE

- Soothes throat irritations
- Soothes short-term hoarseness

DIRECTION FOR USE

Children from 4 to 11 years	4		/ day
Adults and children + 12 years	6		/ day
Pregnant women	4		/ day

- Sugar-free
- Menthol-free
- Cherry flavour taste



WINTER



Box of 24 gums

NEW
09/2022



Lozenges gums based on Plantain and Pelargonium

Plantigom®

COMPOSITION

- Plantigom contain plantain dry extract (50 mg) and Pelargonium dry extract (50 mg)

Ingredients per gum: Sweeteners : maltitol syrup, sorbitol syrup ▪ Bulking agent : gum arabic ▪ Gelatin ▪ Gooseberry flavor ▪ **Plantain dry extract (*Plantago lanceolata*) 50 mg** ▪ **Pelargonium dry extract (*Pelargonium sidoides*) 50 mg** ▪ Acidifying agent : citric acid ▪ Sweetener : sucralose ▪ Coconut oil.

USE

- Relieves sore throat

DIRECTION FOR USE

Children aged 4 to 11	3	/ day
Adults and children aged 12 and older	6	/ day
Pregnant women	3	/ day

- For the whole family
- Red fruits flavor
- Sugar free



WINTER



Box of 24 gums

NEW
09/2022



Lozenges gums based on
Erysimum and Plantain

Plantivox®

COMPOSITION

- Plantivox gums contain Erysimum (Hedge mustard) (20 mg/gum) and plantain (30 mg/gum).
- Decreases larynx inflammation

Ingredients per gum : Bulking agents : gum arabic, sorbitol syrup, maltitol syrup ■ **Plantain dry extract (*Plantago lanceolata*) 30 mg** ■ **Hedge mustard dry extract (*Sisymbrium officinale*) 20mg** ■ Natural flavours : lemon, eucalyptus, mint ■ Sweeteners : sucralose, steviol glycosides ■ Coating agents : coco oil, carnauba wax.

USE

- Relieves the vocal cords

DIRECTION FOR USE

		FAMILY	
Children aged 6 to 11	3	OK	/ day
Adults and children aged 12 and older	6	OK	/ day

- Lemon and eucalyptus taste
- Sugar free



Cosmetic SKINCARE



95%
satisfaction



Cream 40 g



Cream based on calendula,
camomile and lavender,
for all minor skin irritations

Calmiderm® crème

COMPOSITION

- Tincture of **camomile** 4%, **calendula** 4% and nettle 2%, essential oil of deterpenated **lavender** 0.4%, menthol 0.24%

- **Moisturising emulsion**

Ingredients : aqua ▪ cetearyl alcohol ▪ alcohol ▪ propylene glycol ▪ *chamomilla recutita extract* ▪ glycerin ▪ cetearth-20 ▪ *calendula officinalis flower extract* ▪ polyacrylamide ▪ *urtica urens extract* ▪ c13-14 isoparafin ▪ *lavandula angustifolia oil* ▪ imidazolidinyl urea ▪ menthol ▪ laureth-7 ▪ sorbic acid ▪ *papaver rhoeas flower extract* ▪ ascorbic acid ▪ coumarin ▪ geraniol ▪ limonene ▪ linalool.

USE

- **3 in 1** : soothes, hydrates and repairs the skin
- **Useful for all minor skin irritations**, such as : itching, redness, irritations, insect bites, red patches, small areas of sunburn, swelling, scratches

DIRECTION FOR USE

Adults and children

Apply a thin layer ↶ and rub in.



- **No arnica or added fragrances**

